

*Yesterday is history. Tomorrow is a mystery.*

# WIN THE DAY

## WEEK 1

"Our grand business undoubtedly is, not to see what lies dimly at a distance, but to do what lies clearly at hand."

Scottish Historian Thomas Carlyle

We're paralyzed by things we cannot change - the \_\_\_\_\_. We're crippled by things we cannot control - the \_\_\_\_\_.

Let go of "dead \_\_\_\_\_" and "unborn \_\_\_\_\_."

\_\_\_\_\_ > outcomes

You must \_\_\_\_\_ the win!

Establish \_\_\_\_\_ rituals that will make your life more \_\_\_\_\_.

Live in day-tight compartments.

The only way to be fully \_\_\_\_\_ is to be fully \_\_\_\_\_.

We are so fixated on the \_\_\_\_\_ and so anxious about the \_\_\_\_\_ that we miss the \_\_\_\_\_.

"Teach us to number our days, that we may gain a heart of wisdom."  
Psalms 90:12

"Give us this day our daily bread." Matthew 6:11 ESV

Identify a habit.

Set a goal.